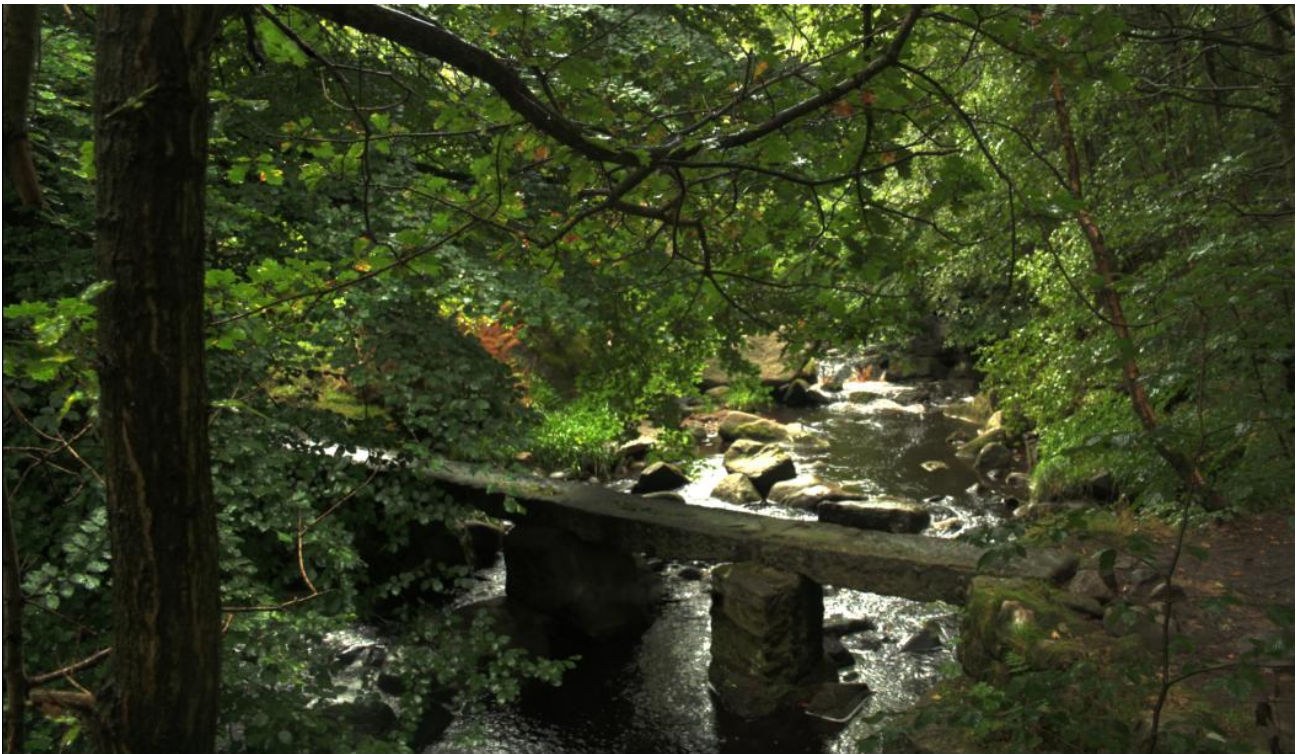


Cragg Vale Community Newsletter No 10

Summer 2010

Cragg Vale Community
Carbon Conscious Cragg Vale



Hello.

We hope you are all enjoying the Summer months and have some fabulous plans to enjoy it away from work and school.



Many of us kicked off the summer by reinvigorating 'Spaw Sunday' and tried the water to see if it rejuvenated us. I think the jury is out..... you can read more later in this issue.

This year we joined in the Spring Clean organised by Environmental Community Officer, Jason Boom, on a wet Saturday morning in March!



One group collected 5 bags of rubbish and tyres between the church and the reservoir; a second group joined in with the church group to clean up Cragg Road from the bus terminus to Dauber Bridge. A successful morning - worth getting wet for!!

We hope you enjoy this newsletter - thanks to our sponsors for their continued support. Without them this would not be possible ☺. Please let us know if you would like to see any other information, email us at info@craggvalecommunity.co.uk or telephone Liz 881182.

Wishing you all a great Summer holiday and hopefully some more lovely sunny days in Cragg Vale. If you fancy sending anyone a note over the summer months how about sending them one of our new Cragg Vale postcards now available for sale. Read on for more details.

Take Care.
CVCA team.

PS We are still collecting the last few subscriptions, please pass on your donation/membership fee to one of the committee. £5 per household / £1 for households ages over 60. Thanks

Does Your Neighbourhood Need a Neighbourhood Watch Group?

What is Neighbourhood Watch?

Neighbourhood Watch (NHW) is an active partnership primarily between the community and the police. Its aim is to work to reduce crime and disorder and the fear of crime, whilst making communities safe places to live. NHW schemes provide a sense of community spirit and enable members to make a difference in their community. For internet users there is information about NHW in Yorkshire on the following site:

<http://www.mynhw.co.uk/regional/yorkshire-index.php>

Do We Have Neighbourhood Watch in Cragg Vale?

Currently we only have one NHW group which is in Cragg Vale West - roughly speaking the areas around and above The Hinchliffe and Withens Clough Reservoir.

This group has thirty households as members - they share information about incidents, suspicious sightings etc mainly by emails (printed and passed on to non email users) or in more urgent cases by telephone using a ring-

round list. The group has increased awareness of potential criminal or suspicious activities, including information shared with our local Police Community Support Officer. Through word-of-mouth the group continues to attract more members and has highlighted the fact that other areas of Cragg Vale could also benefit from having similar NHW groups.



How Do We Start New Neighbourhood Watch Schemes? The co-ordinator for the current NHW scheme in Cragg Vale West (Lynne Roberts) is working, with the support of CVCA, to understand the level of interest across Cragg Vale residents for more schemes to be set up. Very importantly, each new scheme would need a volunteer co-ordinator who would set up the new scheme and provide ongoing information to residents. All local co-ordinators would then liaise with one another (this may be mainly by email but by other means if any co-ordinators do not use email). This would enable information to be shared across the different parts of Cragg Vale giving a much improved awareness to all residents.

What to Do Now?

Please email your name, full address and telephone number to: info@craggvalecommunity.co.uk if you are interested in becoming part of a new Neighbourhood Watch Scheme in your area. If you are interested in becoming a volunteer NHW co-ordinator please include this in your message. All messages will be passed onto Lynne Roberts for collation and review of how new schemes can be established and she will contact all interested parties to provide any update in due course.

If you are not an email user please leave a message for Lynne Roberts on her answer phone (01422 883394), giving your name, telephone number and general area of Cragg Vale and she will contact you after she has reviewed all responses.

Quarterly Recipe



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E-Mail: r.wild@btclick.com www.bobwild.co.uk

This edition's recipe is dead simple but truly delicious - just give it a go and then if you like it start experimenting with some other ingredients.

Summer Broccoli Salad

Ingredients:

1 medium sized Broccoli

1 medium sized Lemon

2/3 tbsp of sesame seeds (lightly toasted)



Preparation:

1. Lightly toast the sesame seeds - be careful these can turn very quickly and only need a quick flash of the pan.
2. Grate the raw broccoli (stalks and florets) into a large bowl. (use the large cheese grating side of the grater)
3. Add in the juice of the lemon and the toasted sesame seeds.
4. Mix well and serve. Goes really well as an accompaniment to a BBQ.

It really is delicious this simple, but you can always be more adventurous by adding chopped nuts, peppers, carrots, or for a protein kick, eggs, chicken, bacon or whatever you fancy.

Enjoy. Send us your favourite recipes info@craggvalecommunity.co.uk or 881182



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Recent review

"The Hinchliffe cements its reputation as one of the great
country dining pubs"

Yorkshire evening post 25/07

www.thehinchliffe.com

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West Yorkshire Wildlife

Broadhead Clough - Cragg Vale's own Wildlife Trust Reserve

Did you know that Cragg Vale is home to one of the 65 nature reserves managed within the Yorkshire Wildlife Trust? The YWT bought it in 1981 and since then this part of a wider Site of Special Scientific Interest SSSI has been fenced and managed to maintain this wonderful wildlife habitat right on our doorstep.



The reserve is special because of its woodland bogs, below the steep slopes of Erringden Moor, that lead into a network of small streams or cloughs. Late spring sees the arrival of the cuckoo which competes with the woodpeckers and curlews for your attention, whilst the marsh violets, bluebells, and the trees unfurl fresh green leaves. Roe deer pass through quite regularly at dawn and dusk when the tawny owls can be heard. In late June come a few early purple orchids, bilberries and an annual battle to control the invasive bracken before autumn turns it and the oak leaves into a rich bronze and orange carpet for the woodcocks to overwinter in. Redwings, fieldfares and blackcaps are other more unusual visitors amongst the resident woodland birds but there is always something to hear or see if you look closely for fungi and mosses, moths and mini beasts.

If you fancy a walk to see its beauty this Spring then leave cars on Cragg Road and take the track from Dauber Bridge marked Frost Hole. Follow for $\frac{1}{2}$ mile forking left over a couple of fields and you will come to the main entrance where there's an interpretative board. (Grid reference SE 001250) There is only one major right-of-way through the reserve. It is a well marked footpath and visitors are urged to stay on it as it is very steep in places and frequently quite wet. For safety, as well as conservation reasons, you should avoid the bogs and areas of marsh. Please note that dogs are only permitted on the footpaths and must be kept on a lead.

The path rises up to the top of Erringden Moor and you can complete a circular route either by turning left, passing Bell Hole (haunt of the Cragg Vale Coiners) and dropping down into Cragg through Whams Wood, or turn right and follow the edge of the moor down Daisy Bank into Mytholmroyd. If it's too windy on the tops a side path below the skyline leads past Broadhead End back to Hoo Hole.

If you would like to help conserve this special place we have just set up a new "Supporters Group" from those of us who have volunteered time and energy to help with some of the maintenance tasks. There are a few working days each year where we help maintain the path or bash bracken to keep the bogs and paths from becoming overgrown. The next working days are Tuesday 29th June and Tuesday 20th July. Most recently we've been replacing steps on the most fragile areas where short cuts have resulted in erosion slides.

If you would like to be part of this practical local support please ring Helen or Mike on 886195. If you are interested in knowing more about YWT in its general work for Yorkshire's wildlife visit their website www.ywt.org.uk to become a member and find out what other fantastic places there are where you can see wildlife in Yorkshire.

Helen Pedley



Proper free range eggs from local producer.

Hen and duck eggs £1.30 per half dozen.

Phone Susan on 01422 881062

SPAW SUNDAY

On the 2nd of May many of us got together to revive the Spaw Sunday custom by assembling at the spa to drink some of the water, cleanse ourselves of the winter ailments and celebrate the beginning of Spring.

The day started with a walk from the Church of St Johns in the Wilderness, alongside the river to the spa where Rev James Allison blessed the water and we all enjoyed a good sing song.

The brave amongst us then tried the water to see if it really did have any effects before washing it down with a delicious cake or





sandwich, prepared by the Robin Hood, courtesy of the Community Association.

Those who found the taste of the water just wouldn't go away tackled a yard of ale in the Robin Hood. Congratulations to all those who took part and entertained us all.

It was a lovely community event and the weather was kind to us. We would like to thank Royd Regen, Hebden Royd Town Council, Leeds University and Calderdale Volunteers for all their support in refurbishing the Spa, the Mayor of Hebden Bridge for attending, and all who helped on the day! We look forward to next year!

Cragg Vale Local History Group

Programme 2010-11

- | | |
|-----------------------|---|
| 17 th June | History through Postcards
<i>Molly Sunderland</i> |
| 15 th July | Education in Cragg Vale
<i>Yvonne Broadbent</i> |
| 19 th Aug | The Origins of Surnames
<i>Peter Watson</i> |
| 16 th Sept | Have you Any Old Photos of Cragg Vale?
<i>Frank Woolrych & Ann Kilby</i> |
| 21 st Oct | Edgar Wood & Cragg Hall Gatehouse |
| 18 th Nov | National Farm Survey |
| 16 th Dec | Christmas visit |
| 19 th Jan | Withens Reservoir/All mod cons |
| 17 th Feb | An Informal History of the 20 th Century |

John Rumsby
Ian Bailey

Shirley Daniel
Ian Dewhirst



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CVCN activities

CVCN is sponsoring EcoRoyd, an exhibition of renewable energy at the 50th Anniversary of Mytholmroyd Gala, 12th June 2010. Please come along and check out our stand.

An officer from the Alternative Technology Centre in Hebden Bridge has walked up Cragg Brook with a member of CVCN and identified three potential sites where electricity could be generated. He is now talking to the landowners about the costs of installation and income that could be derived.

Carbon Neutral Case Study

Cars are a major source of the "greenhouse gases" which are warming our world and producing climate change. Here are some people who live in Cragg and manage quite well without a car. Maybe we should all take a leaf out of their book and leave the car at home one day a week.



Carless in Cragg

We moved to Cragg Vale from Liverpool in December 2007. I drive, but my partner does not. We have never owned a car as a couple. I cycled to work in Liverpool city centre, and my partner worked largely from home. I now commute to Salford and my partner travels to various parts of the country via train, bus and taxi.

We walk, bus and occasionally taxi our way to and from Hebden Bridge for local shopping. We seem to use buses and taxis even less than when we lived in Liverpool. The C bus service is less frequent, but is quite reliable. We use it where possible to support this vital service. We also make time to walk, for exercise and enjoyment. I will walk down to Mytholmroyd

train station (and often back up) in good weather. I plan to cycle as part of my commute in the spring.

We are members of the not-for-profit community car share scheme, Hour Car. Based in Hebden Bridge, they have a car located in Mytholmroyd. We combine our journeys to optimise our use, and seldom book it for one purpose. The hourly fee makes it more flexible and cheaper than renting. When the costs are added up I don't think that (for us) owning a car is worth it.

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Roy Vickers

hour car contact details

<http://www.hourcar.org.uk/html/howtojoin.htm> email

admin@hourcar.org.uk telephone 01422 847971

**Cragg Vale Carbon Neutral meet second Wednesday every month at
7.30pm in the Robin Hood Inn. All welcome.**

Jokes Corner

Joke 1

Q: What did the pig say at the beach on a hot summer's day?

Joke 2

Why do potatoes make good detectives?

Joke 3

Why do cowboys always die with their boots on?

Check out the back page for the punch lines.

Announcements

An appeal - this year the CVCA would like to again support Mytholmroyd gala on **12th June** - the gala's 50th year! - and are looking for members to donate plants. We will do our best to sell these for funding for our up & coming projects. Any budding botanist or as in my case complete novice who would like to support us then please drop off your plants to Lisa at The Hinchcliffe Barn (opp. the Hinch) off Cragg road by the Church. Volunteers on the stall also very welcome!



- **Tombola prizes needed!** Also on the stall we will have a Tombola which was a great success last year. Please can you look out for any suitable prizes e.g. toiletries, games, sweets, bottles etc. Give them to Jackie Scarf, either by leaving them in The Robin Hood [box provided] or ringing 882555 to arrange collection. Thank You

Call to action - All budding tennis players. Cragg Tennis club are looking for new players. If you fancy it why not turn up at the Tennis courts behind the Hinch on Monday night at 18:30 for a practice knock. If you want any more details - contact Emma on 07718 525355.

Reminder - Cragg Vale J&I school host a Parent and Toddler session - every Friday at the school from 9:30 until 11:30. All welcome.

Please be considerate and ensure all your dogs are on leads during the sheep and wild birds breeding period from the 1st March to beginning of July - many of the birds nest on the ground and disturbed parent birds are known to abandon their eggs or chicks. Thank You.

Calling all budding photographers

After the success of last year's calendar we are again asking for you all to support us with the production of this year's calendar. This year's theme is 'Flora and Fauna of Cragg Vale' and need your favourite snaps now.



Please send your competition entries through to us via email:
info@craggvalecommunity.co.uk

The winners will be credited within the calendar and on show for all to see.



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Due to popular demand and visitors to the area wishing to take home our calendar we have brought the closing date forward to the end of July so we can publish it a bit earlier this year.

We will be again looking for sponsorship for the calendar - please let us know if you are interested by emailing us on info@craggvalecommunity.co.uk or contacting Shirley on 883707.

Good Luck to you all and let's hope next year's calendar is as good as 2010.

What's on Guide Summer.

Sat 12th June - Mytholmroyd gala - Tombola, plants and Cragg Vale postcards all on offer on the CVCA stall. Also see the display on Renewable Energy organized by CVCN



Weds 16th June -Steiner Kindergarten Open Day 2-4pm. All welcome.

Thursday 17th June - History Group - History through postcards - Molly Sunderland

Saturday 26th June - Yorkshire Countrywomen's association - Cragg Vale Branch are having a cream tea in the Church room from 3.00 pm to 5.00 pm. Price £2.00 Everyone welcome

Thursday 15th July - History Group - Education in Cragg Vale - Yvonne Broadbent

Thursday 19th August - History Group - The Origins of Surnames - Peter Watson

Thursday 16th September - History Group - Have you any old photos of Cragg Vale? Please bring them to share with us with the help of Frank Woolrych & Ann Kilby we will be able to preserve them as digital images in the Cragg Vale archives

Cragg Postcards for Sale

We have produced some postcards featuring scenes around Cragg Vale for you to purchase. They are great quality and a good reminder to friends and family of what a beautiful place we all live in:



They can be bought singly or in sets of 6 and are available in the Robin Hood pub, Hebden Bridge Tourist Information, The Hinchliffe, Mytholmroyd Post Office, Turley Holes and Higher Clough Foot Barn.



Many thanks to the following photographers for letting us use their wonderful shots for our postcards:

John Frederiksen, Jorji Frederiksen, Nathan Smith, Thomas Stamp, Henri Pierre Corbett and Roy Collinge.

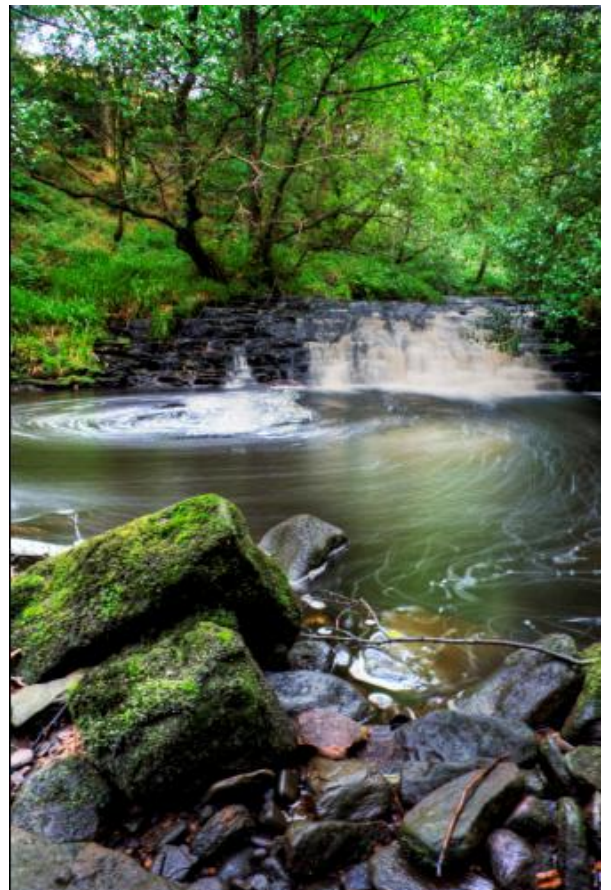


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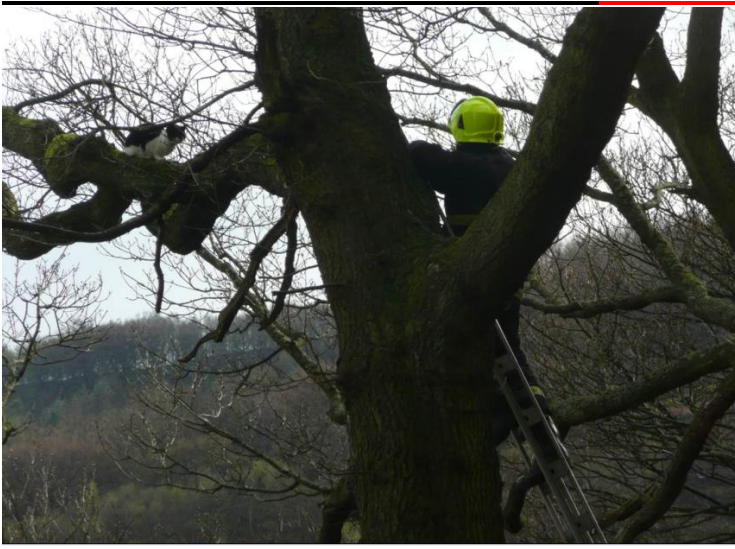
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Cat rescue **Article about the cat rescued – idea sent to me from Steve Marchant.**



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If you would like to advertise in the Cragg Vale Newsletter, for a small fee, please get in touch with Liz on 881182 or via email info@craggvalecommunity.co.uk. We print and deliver 500 newsletters received by all residents and businesses in Cragg.

Himalayan Balsam (*Impatiens glandulifera*)

Himalayan Balsam was introduced from the Western Himalaya in 1839.

Why is it a problem in Cragg Vale?

It is a threat to biodiversity, out competing native species [suffocating them] and monopolising local environments. On riverbanks, once it has died back, the area is vulnerable to erosion in the winter.

Each plant can produce up to 800 seeds which are explosively released when the seed pods are mature, capable of projecting the seeds 7m. This is a highly effective dispersal method which enables the plant to rapidly colonise the damp habitats and can remain viable for 18-24 mths.

How to identify Himalayan Balsam



It is the tallest annual in the UK, growing up to 3m. It has a distinctive purple pink flower, which has led to the slang name of 'Policeman's helmet'.

How do we manage it in Cragg Vale?

Control is by grazing and by **cutting** or **[pulling](#)** before seeding. The plant is shallow rooted and is easily pulled up.

[Grazing](#) by cattle and sheep should begin in mid-April and continue through the growing season. Repeated mowing will prevent it over-shading other vegetation.

Plants should be **cut** to ground level by the end of June and before the plant flowers. Earlier cutting results in rapid regrowth of new stems that will flowers and set seed. Cutting above the lowest leaves stimulates the axillary buds to regrow.

Pull up any young shoots now, before it flowers!

Let's rid Cragg Vale of Himalayan Balsam!

Joke answers:

- 1. A: I'm bacon!**
- 2. A. Because they keep their eyes peeled.**
- 3. So they won't stub their toes when they kick the bucket.**



Thanks to all those who support us and advertise in the newsletter:

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Turley Holes B&B
The Ark Experience
Little Valley Brewery
Bob Wild Grass Machinery Ltd
Far Moorside Farm

More support required, so if you too would like to advertise for a small fee - please get in touch with Liz - see details below.

Thanks to all our volunteers who help us to deliver the newsletter to you all. If you would like to help us with deliveries (only 4 times a year) please get in touch with Liz on the details below.

If you have any suggestions about content you would like to see in our newsletter or fancy writing a column for us then please get in touch with Liz on 881182 or via email info@craggvalecommunity.co.uk