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Spot the Difference Answer

In Picture 2:

Moustache is Smaller, Extra Belt Loop, Stripe is Missing on Glove, Flag is Longer, Santa's Button is Missing, Extra Holly Leaf on Toy Sack, Sleigh Bell is Missing, Stripe on Ball is Wider



Thanks to all those who support us and advertise in the newsletter:

The Hinchliffe
Thornber Properties

More support required, so if you too would like to advertise for a small fee - please get in touch with Liz - see details below.

Thanks to all our volunteers who help us to delivery the newsletter to you all. If you would like to help us with deliveries (only 4 times a year) please get in touch with Liz on the details below.

If you have any suggestions about content you would like to see in our newsletter or fancy writing a column for us then please get in touch with Liz on 881182 or via email info@craggvalecommunity.co.uk

www.craggvalecommunity.co.uk

Cragg Vale Community Newsletter No 8

Winter 2009

Cragg Vale Community
Carbon Conscious Cragg Vale



Welcome to the new style Cragg Vale Community newsletter!

Christmas is upon us and we hope you are getting excited about the imminent holidays. We wish you a wonderful relaxing Christmas and a prosperous New Year.

Since our last newsletter we have held our AGM and are delighted to welcome 5 new committee members to augment our small team and spear head some new initiatives for all our members and CV community; Viven Aspey, Marianne Hood (standing for re-election), Brierley Hellowell, Andy Roberts and Maggie Smallwood. It was also agreed that Tony Ottery and Scott Trickett be co-opted onto the committee as non-voting participants.

A full list of the committee members and their bios can be found on our website www.craggvalecommunity.co.uk

We hope you enjoy this newsletter and like the new format - thanks to our sponsors who have helped to make this possible ☺. Please let us know if you would like to see any other information or content by letting a committee member know or email us at info@craggvalecommunity.co.uk.

Merry Christmas to you all.

CVCA team.



the pan from the cooker, and then stir in the seeds and other ingredients you have chosen. The mixture should look quite sticky as this is what holds the mixture together once it has cooled. Leave it to cool slightly.

4. They can tip it into the tin or the coconut shell, or into a heatproof dish if they are going to use an onion bag. Leave to cool and set completely.



5. When it is set, they need to string up the tin or shell, or wedge it into the branch of a tree in the garden.
6. Now they can keep an eye on their bird feeder and see what comes to eat the delicious seed cake. Remind them to make another cake when the first one is getting low!

Tips and advice

- Birds also appreciate a shallow bowl of water that they can drink and bathe in.
- Be sure to hang the feeder in a position where the birds can eat safely without being attacked by cats! And you can see it!

The Hinchliffe Country Pub & Restaurant at Cragg Vale

Open for meals & drinks lunch & evening Tuesday to Sunday. Full menu always available with "credit munch" specials until 6.00pm and early birds until 7.00pm. Everyone welcome.

Recent review

"The Hinchliffe cements its reputation as one of the great country dining pubs"

Yorkshire evening post 25/07/09

www.thehinchliffe.com 01422 883256

www.craggvalecommunity.co.uk

Seasonal treat for Garden Wildlife

As our winter weather continues and food supplies run low, our garden birds will appreciate a helping hand. How about making a bird feeder to encourage birds to become regular visitors to your garden? We have a varied and healthy wild bird population in Cragg and this Christmas treat will be a welcoming feast.

What you will need

- equal quantity of shredded suet (from any supermarket or left over fat from a Sunday roast) and wild bird seed mix (from a pet shop).
- Any extra of the following: fresh peanuts (not toasted, roasted or salted), sunflower seeds, stale cake crumbs, cheese crumbs, seeds from dock, thistle, stinging nettle, knapweed, teasel or ragwort collected from the wilder parts of your garden.
- a small tin (washed and dried) or a coconut shell or an onion bag.
- a saucepan and a wooden spoon.

Step-by-step guide

1. Get your children to weigh out an amount of suet & put it in a saucepan. Help them to melt it over a gentle heat.
2. Next weigh out an equal quantity of seed, adding in any extra ingredients they wish to include.
3. When the fat is liquid, turn off the heat. Help them to remove

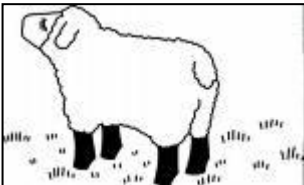


Ruminations from a farm!

Autumn and winter - the end of another year and a sense of "battening down the hatches" against the winter! But for sheep and shepherds autumn is a time for new beginnings when ewes (hopefully) become pregnant with next year's lambs.



Ever wondered why one or two big sheep suddenly appear in a field with a "coloured badge" strapped to their chest?! These are the rams (tups) and their marker crayons - busy rams leave a coloured smudge on the ewe from which the shepherd can tell whether the rams are working properly and which sheep are likely to be "in lamb". Most shepherds in this area follow local tradition for tugging to begin on 5th November, later than other parts of the country with a kinder climate; the weather can be pretty horrible now, but at least



when lambs begin to appear around 1st April the milder weather will be on the way and the days getting longer. Sheep are funny creatures -they can be very stoical and survive against all odds - and through the

winter months, when pregnancy and hard winter weather take an increasing toll, this stoicism is what carries them through. But some sheep can also be easily upset and become ill, aborting lambs or even dying, from extra stresses such as sudden disturbances and jostling, or dogs running near them. So please, when you are out and about enjoying the winter scenery, spare a thought for the sheep: tread carefully, keep dogs on leads. What will the weather bring? Who knows! Dry and frosty, please, with a little snow - enough to cover the fields, to allow the grass and soil beneath to rest for next spring! And oh the joy of walking through virgin snow as fine as icing sugar, on a crisp blue-skied winter day!!

Quarterly "Did you know....."



On the 18th November 1859 the first vicar of St John's Cragg Vale Revd Thomas Crowther died, much loved and much mourned by "a grateful people" for his work to better the conditions of those who worked in the surrounding factories of our community. He was particularly praised for his work to reduce the number of hours worked by children. The 150th anniversary of his death gives us an opportunity to look into Cragg's murky industrial past and remember those radicals who fought against the odds to win the freedom of those in our community trapped in slave like conditions. On the 18th November this year we held a small service to start a year of learning for us as a community, at the end of which it is hoped to have an exhibition of all that we have learned. Watch out for more events soon.

James Allison.

Carbon Neutral Latest

The CVCN is supporting the Upper Calder Valley Renaissance bid to the Low Carbon Communities Fund. If the proposal is successful it could bring £1/2 million into the Upper Calder Valley for low carbon projects. We should know by the end of Jan if the bid has been accepted. We're also gearing up for the 10:10 campaign & working with Calder High School students on low carbon projects. We meet every month (the 2nd Monday) in the Robin Hood Inn. Do come.

PLACE YOUR ADVERT HERE!

If you would like to advertise in the Cragg Vale Newsletter, for a small fee, please get in touch with Liz on 881182 or via email info@craggvalecommunity.co.uk. We print and deliver 500 newsletters received by all residents and businesses in Cragg.

What's on Guide December?



Fri 4th Dec - Christingle (school & church)
(18:30) Christmas lights switch on (19:15) with refreshments and merriment in the church afterwards. All welcome.

Sat 5th Dec - Cragg Vale J&I School Christmas Fete 11am - 1pm

Fri 11th Dec - Doris's Turkey & Tinsel Dinner (numbers ltd)

Thurs 17th Dec - CV History Group Christmas visit to Stubb

Fri 18th Dec - Christmas Carol Floral Evening 7.00pm

Carol Singing around Cragg - Come and have some fun singing Christmas carols. All ages welcome, the more the merrier!

Sun 20th Dec - meet at 5.30pm outside Hinchliffe Pub

Mon 21st Dec - Carol Singing around Cragg meet at 6.45pm outside Robin Hood pub

If you can't make those times, phone and I'll tell you where we are going! Jackie Scarf 882555. Bring a torch, any high visibility clothing and a smile! ALL PROCEEDS TO Hope Village Trust [orphanage] in India and Calder High's Great Generation Project in Uganda. [Children must have an adult with them for safety reasons as we walk up Cragg Rd]

Thurs 24th Dec - Children's Crib Service, St John's 4.00pm

Dates for the Diary:

Wed 20th Jan - CV History Group - John Hargreaves Cragg Coiners

Thurs 18th Feb - CV History Group - Ian Dewhirst "Life in the 1950s"

Thurs 18th Mar - CV History Group - Reminiscences & Old Photos

Thurs 15th Apr - CV History Group AGM

Announcements

A request - that in extreme weather conditions all residents take extra care to secure their recycling prior to collection to that we don't end up with litter on the main road.

An appeal - has anyone found a child's Clark's Gore Tex walking boot. Lost by Rob Shaw on Bonfire Night on the field between Castle Gate Dam and the Church. Poor Eli has been hopping round ever since. If anyone has it, or seen it, please email Rob on rob.shaw@fourspaterrace.plus.com. Thanks.



Call to action - we will be having a Christmas CVCA gathering in St John's Church after the Christingle service on Fri 4th Dec. Refreshments will be available and all proceeds will go towards community activity. If any village residents would like to contribute some mince pies or any other kind of seasonal treats please contact Rob Shaw (same email address).

Get Well - sending best wishes to Wendy for a speedy recovery. We hope you are on your feet again very soon.

Reminder - Cragg Vale J&I school host a Parent and Toddler session - every Friday at the school from 9:30 until 11:30. All welcome.

Games Corner

Christmas Word Search

G C S S E F Z Y
Y I S L B E V Y
L S F A E A R L
L V V T N I B T
O L J W S T G Y
H M I E G G A H

- baby
- gifts
- holly
- Santa
- sleigh
- tree



Hint: They all go diagonally

Spot the 8 differences between the 2 Santa's below:



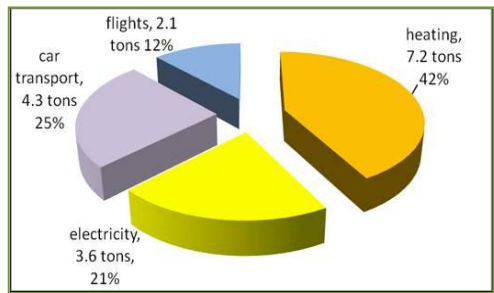
For the answer see back page.

Cragg Vale carbon survey newsletter report

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are:

- The average household in Cragg Vale emits 17.1 tonnes of CO₂ each year. This is much higher than the UK average (4.5 tonnes) but typical for old houses in rural areas.
- Heating accounts for almost half (42%) of our carbon footprint. Most houses have solid walls and are difficult to insulate, but the survey found that many of us could reduce our bills and emissions through simple measures such as draught proofing, loft insulation or updating the boiler.
- Electricity accounts for a fifth (21%) of carbon emissions from homes in Cragg. Lots of us have low energy lightbulbs but old energy guzzling appliances are still widespread. Members of CVCN have reduced their electricity bills by 20% just by "turning off and turning down" equipment. Another way to reduce your carbon footprint is to switch to a green electricity tariff.
- 25% of householders' carbon emissions come from car use. Most residents walk or cycle for journeys under a mile but drive longer distances. This is unsurprising in a rural area, but sharing cars, cutting speeds and using a more efficient car can make a real difference.
- Finally, 12% of householder emissions in Cragg are from air travel. What can we say - if you want to go green, don't fly!
- A positive finding of the survey was that although few of us have renewable energy technology in our homes, lots of us are interested in



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this. A local builders merchant will be holding a renewables open day in the Spring so watch out for this.

CVCN will be promoting ways we can reduce the carbon footprint of the valley over the coming year. See below for some ideas to start off.



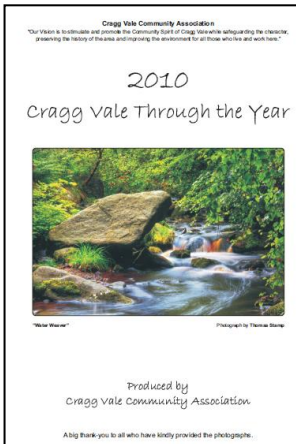
Thousands of individuals, businesses, schools and organisations have committed to reducing their carbon emissions by 10% by the end of 2010. Sign up at <http://www.1010uk.org>

CVCN members have joined the 10:10 campaign and committed to reducing their emissions by 10% by the end of 2010. Here are a couple of examples of how they are setting about it. If everyone in the valley joined we'd save 500 tons of CO₂ emissions. Join up and let us know what you're doing to save your 10% at the 10:10 party we're planning for the new year.

Upper Lumb Barn's 10:10 plan:

Our household of 4 people emitted 25 tons of CO₂ last year -that's 25 swimming pools' worth! **Travel** is the most intractable part. In 2009 the household emitted 16 tons in personal travel, half in air and half in road transport. Some of this is going to stay but we should be able to cut the air emissions by 80% and cut the road transport by 30%. This should save about 9 tons and a lot of money! **Electricity**. Since we got a power monitor in earlier this year we've been turning lights off, using the washer at 30°C, boiling the right amount of water in the kettle and not leaving things on standby. And I think we're beginning to see the benefit... If October is anything to go by, we should be able to remove a ton from our electricity emissions just by avoiding wastage. Unfortunately I signed up to an 18 month "green electricity" contract 6 months ago, which isn't really green at all, so I can't count that! **Heating** Last year we emitted 6 tons of carbon dioxide from heating (1,600 l oil, 0.6 tons coal). This is an improvement from around 10 tons the previous year (achieved by fitting a condensing boiler, turning down the thermostat, learning to work the heating programmer, burning wood rather than coal). That really leaves improving insulation for this year. We've draught-proofed and improved the insulation round the windows and doors and will sort out a cold-bridging problem in our roof insulation. We're hoping that we can reduce coal and oil use by around 20% saving £280 and 1.5 ton of CO₂. This lot should bring down our emissions to a more respectable 13.5 tons pa.

Cragg Calendar 2010.



We hope you have all had chance to see this year's fabulous colour calendar on sale in The Robin Hood, The Hinchliffe, Dougie Mansfield's Cycle Shop, Little Valley Brewery, Fix Lifestyles, St John's Church, Calvag & other local businesses as well as the Tourist Information Office in Hebden.

The calendar is almost sold out so if you haven't got yours yet, please hurry, its only £6 each or 2 for a bargain £10 - an ideal Christmas present!

If you would like one please see a committee member or email us at info@craggvalecommunity.co.uk

Next year we will be producing a flora and fauna calendar and will be looking for your best pictures so start having a think or snapping away.

Cragg Vale Spa Update.

Work on the spa is almost complete, the Countryside Volunteers have done a great job. We have some daffodils provided by Hebden Royd town council that need to be planted. The interpretation board is in process of being printed. Watch out for the official opening ceremony in the New Year.



Office space and business units to let.
4Js Country Workspace - contact: 07932 454016
Thornber Properties - contact: 07831 148723